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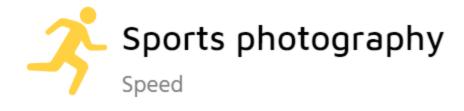
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To take sharp sports photos, use a fast shutter speed and set the autofocus to AF-C.



Sports photography is a demanding field that requires knowledge of the sport and technical expertise in order to obtain a photo in which the moving subject is typically sharp and the background is typically blurred.

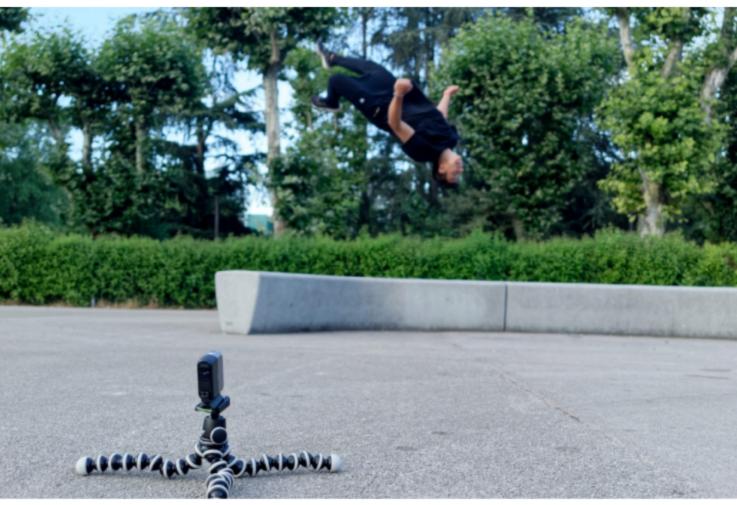
Use the DxO ONE's **Sport scene mode** to automatically prioritize a fast shutter speed.

For more control, switch to S mode (shutter priority) and select a fast shutter speed of 1/125 s or higher. The faster the shutter speed, the more your moving subject will appear frozen. For ball sports such as soccer, rugby, or football, use a shutter speed of 1/250 s to capture the action. For track and field, a shutter speed of around 1/500 s is best. When photographing automobile races, set your shutter speed to around 1/1000 s.



(Photographer Florence AT)

Your **DxO ONE**'s bright, f/1.8 lens is perfect for shooting inside a poorly lit stadium. Outside, the lens lets you capture beautiful blurred backgrounds behind your main subject when the aperture is open.



(Photographer Florence AT)

< NIGHT PHOTOGRAPHY

Sports photography requires a fast and accurate autofocus feature. Select the continuous focus feature (AF-C) to keep the athlete in focus as he or she moves. Note that it's easier to adjust the focus if the subject is coming towards you head-on than if he or she is moving perpendicularly to where you are.

In standalone mode, using the DxO ONE independently of your smartphone lets you get right into the middle of the action, easily change viewpoints, and take truly original photos.

PHOTOGRAPHING CHILDREN >

